EFFECTIVENESS OF STRUCTURE TEACHING PROGRAMME ON KNOWLEGDE REGARDING GOOD TOUCH AND BAD TOUCH AMONG SCHOOL GOING CHILDREN AT SELECTED SCHOOLS, DHARAPURAM.

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ABSTRACT

A pre experimental study was conducted to determine the effectiveness of structured teaching programme on knowledge regarding good touch and bad touch among school going childrens. Data collected from 160 samples (boys and girls). pre experimental group mean value is 20.2 and standard deviation value is 1.38 and Control group mean value is 15.98 , standard deviation value is 1.41 Unpaired 't' test is 5.275 and Paired 't' test value is 5.275 (p<0.05>) .respectively and it represent the post test value were significantly the pre test.

***KEYWORDS**: Good touch, Bad touch, sexual assault ,school going children, Structured teaching program.*

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INTRODUCTION

Sexual abuse of adolescents is a very real problem in India and the situation is aided by the absence of legislation and the silence that surrounds the offence. Sexual abuse referred to as molestation, is the forcing of undecided sexual behavior by one person up to another[(1)]. Many types of sexual abuses includes sexual kissing, molestation, sexual assault, rape , fondling, unwanted touching, exposing a child to pornography and sexual harassment. Sexual abuse of women and girls has become prevalent in our society[(2)] .Yearly ,to state child protective involve 3 million children, and 6.3 million of those children are investigated. In 2012, state agencies found an estimated 686,000 report[(3)].

CATEGORY	PREVALENCE(%)
Physical abuse	28.3
Sexual abuse	20.7
Emotional abuse	10.6
Physical l neglect	9.4
Emotional neglect	14.8

All these as starting line and an ending pole in which the adolescents are not taught about good touch and bad touch. Randomly only 10% of the children are taught about good touch and bad touch and predators[(4) (5)].

STATEMENT OF THE PROBLEM

A study to assess the effectiveness of structural teaching program on knowledge regarding good touch and bad touch among school children at selected schools, Dharapuram.

OBJECTIVES

1. To assess the demographic variables among school children at selected schools, Dharapuram.
2. To assess the pretest and post test and knowledge regarding good and bad touch among school children
3. To find out the variation between the knowledge regarding good touch and bad touch

HYPOTHESIS

H_1- The mean post test knowledge score is significantly higher than the mean pre test knowledge score regarding good touch and bad touch among school children.

H_2-There is signification of association between the post test level of knowledge on good touch and bad touch among school children.

RESEARCH METHODOLOGY

Non-experimental research design was used to conduct the study. It consists of self administered questionnaire to assess the knowledge of school going children regarding good touch and bad touch which consists of 25 questionnaire, 13 positive, and 12 negative questions. The study will be conducted in three schools at Dharapuram. The data collection for a period of one week. A total number of samples are 60 . (experimental is 30 and control group is 30). First day the pretest knowledge was assessed using self administer questioner for 30 minutes at the same day health teaching will be used through the power point representation . it includes

1. Difference between good touch and bad touch[(6)]
2. Personal safety rules [(7)]
3. Safe body rules for 30 minutes. komal vedio will be used for 10 mts.

It includes good Touch and bad touch health education. Same method will be continued Another experimental group . next day same method will be followed in control Group but not even to any teaching[(8)]. (intervention) The post test will be on 7th day of teaching by using self administer questioned for experimental group and control group[(9)].

RESULTS

Table : 1 Frequency and percentage Distribution of demographic variables among school going children in Experimental and Control Groups

S.NO	SOCIO -DEMO GRAGRAFIC VARIABLE	EXPREMENTAL GROUP		CONTROL GROUP	
		F	%	F	%
1.	AGE				
	a) 11 years	2.7	45	19	31.7
	b)12 years	16	26.7	21	35
	c)13 years	1.7	28.3	20	33.3
2 .	GENTER				
	a)Male	30	50	30	50
	b)female	30	50	30	50
3.	TYPE OF FAMILY				
	a)Nuclear	40	66.7	38	63.3
	b)Joint	20	33.3	22	36.7
4.	NUMBER OF SIBILINGS				
	a)No siblings	5	8.3	3	5
	b)1 siblings	33	55	31	51.7
	c)2 siblings	12	20	9	15
	d)< 2 siblings	10	16.7	17	28.3
5.	RELIGION				
	a)Hindu	46	76.7	47	78.3
	b)Christian	12	20.1	12	20
	c)Muslim	1	1.66	1	1.7
	d)Other	1	1.66	0	0
6	CLASS				
	a)6th standard	18	30	25	41.7
	b)7th standard	22	36.7	17	28.3
	c)8th standard	20	33.3	18	30
7.	MONTHLY INCOME				
	a)Below 5000	42	70	44	13.3
	b)5001-10000	14	23.3	12	20
	c)10001-15000	4	6.7	4	6.7
8.	BIRTH ORDER				
	a) 1	30	50	13	21.7
	b) 2	21	35	30	50
	c) 3	9	15	17	28.3
9.	DO YOU HAVE PREVIOUS KNOELWDGE ON GOOD TOUCH AND BAD TOUCH?				
	a) Yes	18	30	24	40
	b) No	42	70	36	60
10.	If ,Yes WHAT IS THE MOST RELIABLE /APPROPRIATE SOURCE OF INFORMATION				
	a) Parents	51	11.2	11	18.3
	b) Teachers	12	28.5	12	20
	c) other sources	1	23.8	2	1.7

(Table 1) Shows the distribution of demographic variables among school going children In Experimental group regarding age (45%) of children were in the age group of 11 years , (26.7%) of children were in the age group of 12years , (28.3%) of children were in the age group of 13 years.

In Control group regarding age (31.7%)of children were in the age group of 11years ,(35%) of children were in the age group of 12 years , (33.3%) of children were in the age group of 13 years.

Table : 2 Frequency and percentage distribution of pretest level of knowledge regarding good touch and bad touch in Experimental and control group.

Level of Knowledge	Experimental group		Control group	
	F	%	F	%
Inadequate	1	0.83	0	-
Moderate	57	47.5	60	50
Adequate	2	1.66	0	-

(Table 2) shows the Frequency and percentage distribution of pretest level of knowledge regarding good touch and bad touch in Experimental group Inadequate knowledge 1 (0.83%), Moderate knowledge 57 (47.5%), Adequate knowledge 2 (1.66 %)and control group moderate knowledge 60(50%)

Table: 3 Frequency and percentage distribution of post test knowledge regarding bad touch and good touch in Experimental and control group .

Level of Knowledge	Experimental group		Control group	
	F	%	F	%
Inadequate	0	-	0	-
Moderate	18	15	60	50
Adequate	42	35	0	-

(Table 3) Shows the Frequency and percentage distribution of post test knowledge regarding bad touch and good touch in Experimental group moderate knowledge 18(15%), Adequate knowledge 42 (35%) and control group moderate knowledge 60(50%).

Table: 4 Comparison of Mean score, Standard Deviation and Paired 't' value of pretest and post test level of knowledge regarding good touch and bad touch in Experimental group.

S.NO	GROUP	Pre Test		Post Test		Paired 't' Value	Table value
		Mean	SD	Mean	SD		
1.	Experimental Group	15.6	1.36	20.2	1.41	5.275	1.98

(Table 4) Shows the Comparison of Mean score , Standard Deviation and Paired 't' value of pretest mean15.6, Standard Deviation1.36 and post test Mean20.2 Standard Deviation1.41 Paired 't' value 5.275 .

Table: 5 Comparison of mean score standard deviation and independent " t " value of post test level of knowledge

S.NO	Experimental Group		Control Group		Independent 't' Value	Table value
	Mean	SD	Mean	SD		
1.	20.2	1.38	15.98	1.41	5.275	1.98

(Table 5) Shows the Comparison of mean score value of experimental group 20.2 standard deviation1.38,control group mean 15.98 standard deviation 1.41 and independent " t " value 5.275of post test level of knowledge

RESULTS AND DISCUSSION

The highest 27 percentage in Experimental Group (45 %) children belonging to the age of 11 years among 60 children. And 16 (26.7 %) of children belongs to the age of 12 years and 17(28.3%) of children belongs to the age of 13 years. Gender 30 (50 %) children were male and 30 (50 %) children were female . type of family 40 (66.7 %) belongs to nuclear family and 20 (33.3 %) belongs to joint family .religion 46 (76.7 %) belongs to Hindu and 12 (20.1%) belongs to Christian ,1 (1.7 %) to Muslim and others .family income per month 42(70 %) belongs to below Rs 5000 ,14 (23.3 %) belongs to Rs 5001-10000 and 4 (6.7 %) belongs to Rs 10001 – 15000.previous knowledge on good touch and bad touch 18 (30 %) belongs to "yes " and 42 (70 %) belongs to "No " .source of information were 5 (11.2 %) parents,12 (28.5 %) teachers and 1 (23.8 %) other sources . The highest percentage of Control Group 19 (31.7 %) children belongs to age of 11 years among 60 children and 21 (35%) of children belongs to 12 years and 20 (33.3%) of children belongs to 13 years. gender 30 (50 %) were male and female .type of family 38 (63.3 %) belongs to nuclear family and 22(36.7 %) belongs to joint family. religion 47 (78.3 %) belongs to Hindu and 12 (20 %) belongs to Christian ,1 (1.7 %) belongs to Muslim. family income per month 44(73.3 %) belongs to Rs 5000 ,12(20%) belongs to Rs 5001 -10000, 4 (6.7 %) belongs to 10001-15000. previous knowledge on good touch and bad touch 24 (40 %) belongs to "yes " ,and 36 (60 %) belongs to "No". Source of information were 11 (45.8%) parents,12(50%)teachers and 2 (4.2 %) other sources.

CONCLUSION

The pre test study are " To Assess the effectiveness of structure teaching programe regarding Good touch and Bad touch among school going children at selected school ,Dharapuram . The pre test Experimental group mean value is 20.2 and standard deviation value is 1.38 and Control group mean value is 15.98 , standard deviation value is 1.41 Unpaired 't' test is 5.275 and Paired 't' test value is 5.275 respectively and it represent the post test value were significantly the pre test[(10)] .

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